

JPI Preparation Instructions

BD #508 Horsetail (*Equisetum arvense*) Fermented Version

To Make:

The following is a slightly modified recipe of the one developed by L. Kolisko. Put one unit (8 oz. by volume or 1.5 oz. by weight) of dry horsetail herb in one gallon of spring or rain water, bring to a boil and simmer on low for one hour making a decoction. Let cool and transfer to a crock or large glass jar with a loose fitting lid. Store in a cool, dark place, such as a basement, and allow it to ferment for ten to fourteen days, until the characteristic sulfur smell described by Kolisko develops. Once it has fermented, strain the herb particles out and put the tea in a glass jar and store in a cool dark place until ready to use. It can be stored six months or more without losing effectiveness.

To Use:

Add 1/2 gallon of the fermented tea to 4 1/2 gallons of clean water, stir for twenty minutes in the usual biodynamic way of creating alternating deep vortices. This amount will treat 1 1/2 acres. The ratio for diluting is one part fermented tea to nine parts water. The fermented BD #508 most likely should be applied as a soil spray (or in the atmosphere), whereas as the fresh tea version may be better suited for foliar application.